

Claims

1. A side gas bag for a vehicle occupant restraint system, said side gas bag having an inflatable volume which is delimited by an exterior gas bag covering (16), characterized in that there is provided an inflatable pouch (18) in an inflation
5 region of said gas bag (14) inside said gas bag covering (16).

2. The side gas bag according to Claim 1, characterized in that said pouch (18) has an elongated, tubular shape with a first end (20) constructed as an inflation opening, and a second end (22) constructed as an outflow opening.

3. The side gas bag according to Claim 1, characterized in that said pouch
10 (18) is provided with a tear seam (24), which tears open at a predetermined internal pressure of said pouch (18) and thereby frees an outflow opening.

4. The side gas bag according to Claim 3 characterized in that said tear seam (24) has at least one exhaust opening.

5. A side gas bag module for a vehicle occupant restraint system,
15 characterized in that said module (10) has at least one side gas bag (14) including an inflatable volume which is delimited by an exterior gas bag covering (16) and including an inflatable pouch (18) in an inflation region of said gas bag (14) inside said gas bag covering (16).

6. The side gas bag module according to Claim 5, characterized in that said
20 pouch (18) of said side gas bag (14) is directly connected with an inflation connection (12) of said module (10).